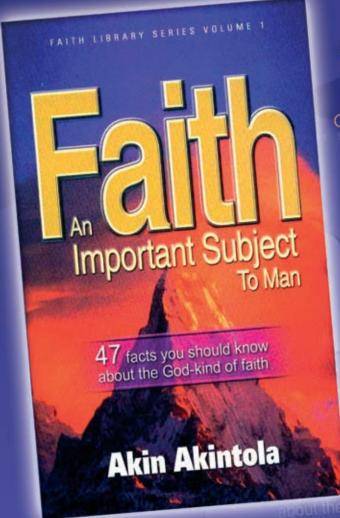
Exploits magazine

Your Year of Breakthroughs

Teaching from Rev Akin Akintola

Volume 1 Issue 1

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Faith Exploits magazine

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Volume 1 Issue 1

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A Word for you - from the Publishers Desk.

Your Year of Breakthroughs!

Christmas and New Year festivities are now over. The New Year 2005 is now underway; the count down for the months has now begun!

The word of the Lord came to me in the early part of December 2004, saying; "Two thousand and five (2005) - is your year of Breakthroughs."

In this maiden issue of 'Faith for Exploits Magazine', I want you to know that 'God's word precedes His actions.'

Through the Scriptures, this is a demonstrated precedent. In Genesis chapter one verses twenty-six and twenty-seven (Genesis 1:26-27) from the amplified translation: God said, "Let us (Father, Son, Holy Spirit) make mankind in our image, after Our likeness, and let them have complete authority over the fish of the sea, the birds of the air, the (tamed) beast, and over all the earth, and over everything that creeps upon the earth. So God created man in His own image, in the image and likeness of God He created him; male and female He created them."

God spoke to Abram in Genesis chapter twelve verses one and two (Genesis 12:1-2):
"..., Go for yourself (for your own

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advantage) away from your country, from your relative and your father's house, to a land that I will show you. And I will make of you a great nation, and I will bless you (with abundant increase of favour) and make your name famous and distinguished, and you will be a blessing (dispensing good to others)." And God did

blessed Him as He has spoken.

Genesis thirteen and verse two revealed - "...Abram was extremely rich in livestock and in silver and in gold." (Genesis 13:2 Amplified translation).

Further more - in Acts chapter nine verses four,



five, and six (Acts 9:4, 5 & 6), the voice of the his way to Damascus, to persecute the Church. In verses fifteen and sixteen (Verses 15,16), the Lord said - that Saul is a chosen instrument of His to bear His name to the Gentiles, kings and the descendants of Israel; and He will make clear to him how much he

will be afflicted, and endure and suffer for His name's sake. Here again, the word of the Lord came to pass for Saul and he later had a name change to-'Paul'.

'The beloved of God - this is your year of breakthroughs!' Know, that His Word will not fall to the ground, catch this Word, and prosper in your God ordained life - in Jesus name!

Breakthrough defined:

The word 'breakthrough' - is the removal of a barrier to progress an event that causes or marks the breaking down of a barrier to progress. From the military viewpoint, it means the penetration

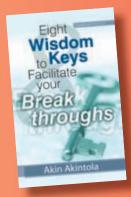
through and beyond the enemy's line of defence. Breakthrough is also an important discovery that has a dramatic and far-reaching effect.

By this understanding of 'breakthrough' - we can safely infer that a breakthrough is 'a discovery and a progressive fulfilment or achievement of your God given assignment in spite of any enemy opposition'.

'Jesus' said in John chapter eight and verse thirtytwo (John 8:32 "you will know the truth, and the truth will set you free." ".. And through knowledge and superior discernment shall the righteous be delivered" (Proverbs 11:9).

There are eight wisdom Keys that God gave me that will help you realise your breakthroughs:

- 1. Receive of God and His instructions for your life.
- 2. Make the instruction you received plain for your focus.
- Lord came to 'Saul' on 3. Set your faith loose to act on the divine word that you have received.
 - **4.** Determine to see your faith produce - for faith never fails.
 - **5.** Let your voice of faith speak continuously.
 - **6.** Sow a valuable seed towards each area of breakthrough you desire to have.
 - 7. Maintain a heart of thanksgiving to God on your way to breakthroughs and after.
 - 8. Maintain a fervent prayer life.



Excepts from the book Eight Wisdom **Keys To Facilitate Your Breakthroughs** by Rev. Akin Akintola

exploit reports al people . real situations . real expliots

Dear Rev Akintola,

I am highly blessed by your ministry and I am writing to thank you very much for your cassettes. Anytime I feel bored, I just put in any of your cassettes and I will begin to charge up as I here your voice.

I am highly blessed by your videocassette message -'Studying the Word for Maximum effectiveness'. Your ministry is helping me a lot to get some special confidence than I used to have.

You know some of us immigrants have problem in getting jobs, and the owners of this land are forcing us to go back to our countries. It is in one of your preaching at Rhema Int'l church that gave me the boldness to overcome such fears. Things are getting better now – for I have got a job.

Mr B. United Kingdom

Praise the Lord!

While listening to one of Rev. Akin Akintola's tapes I heard him speak prophetically to a woman who was thinking of divorcing her husband. He spoke to her a promise from the Lord, that He would restore her marriage and herself if she would only trust Him and not speak of divorce to her husband. I immediately thought of my friend Joan who was having a very difficult of time in her marriage. Shortly after, I telephoned her and relayed what I had heard on the tape only to discover that Joan was considering telling her husband that very afternoon she wanted a separation. We agreed together that the Lord would undertake for her and restore her marriage - it was a very timely word for Joan too. The word is alive!

PC U.K.

I thank God for this Ministry!

The Lord has done so much for me. I use to be a very bad person – serving the devil. I mean I was actually Satan's 2nd hand. I lost my best friend over this. I cannot count how many lives have been lost, turned up side down, or destroyed, because of who I was. However, one thing I do know is that Jesus saved my life.

I came across Rev Akin Akintola's ministry over three and a half years ago – he ministered deliverance to me, and my life has changed for good. Hallelujah! I opened a Christian bookshop. I got married and now I have just had a new baby, I am living a better life now, I never knew life could be this good without doing evil, God is good and He has been good to me.

Mrs. O. U.K.

Dear Rev Akintola.

Your book "Faith an Important Subject to Man" has been a great encouragement to me and I will share it with my colleagues back home. Best regards and God bless you and your ministry.

Sabina. London



The Protocol of the Kingdom

'The kingdom,' is the domain in which the king rules. 'Jesus' said, in Matthew 4:17 as He began to preach, "Repent; for the kingdom of heaven is at hand." In other words, the same kingdom that operates in heaven now operates here on the earth.

For man to fit into the overall plan of the 'Divine', - it takes the vivid, clear-cut understanding of the subject of faith. Without faith, it is impossible to please God.

The scripture above is not only a statement of Fact but also that of truth. There is protocol, which you should observe, in order to operate effectively in the Kingdom of God. Jesus said, when you know the truth, the truth that is known will actually bring freedom, victory and fulfilment, to the one who has encountered the truth (John 8:32) - in other words, the truth will compel you to walk in the reality of the truth that you have now known - Hallelujah!

This protocol makes you effective, in your divine assignment and fruitful as a kingdom citizen. Kingdom citizens are known by the fruit they bear. Jesus declared, that, a tree is known by its fruit (Matthew 12:33). In addition, on the other hand, a tree not bringing forth good fruit is hewn down (Luke 3:9). In John 15:1-2, the scriptures say, "I am the true vine, and my father is the husbandman. Every branch in me that beareth not fruit he taketh away"

When you apply yourself to following this protocol, you will bear much fruit. earnestly pray that your life brings forth good fruit in Jesus Name. Amen!

The word: 'Protocol' Explained:

'The word Protocol can be explained as: the procedure, set of rules, code of behaviour or practice that must be followed in an organizational setup.'

This 'code of behaviour' in God's kingdom, is as follows:

- Must believe that God exits. (Hebrews 11:6b).
- Must believe that God rewards' those who

This protocol makes you effective, in your divine assignment and fruitful as a kingdom citizen.

diligently pursue Him in truth (Hebrews 11:6c).

- Must walk in the revelation knowledge of His Word (Matthew 16:17-19).
- And, must have faith (Hebrews 11:6a).

The reality of the existence of God.

Psalms 53:1 a Psalm of David says, "The fool hath said in his heart, there is no God."

The creation is the proof of the creator's existence. The product that was made is the evidence of the existence of its manufacturer. Romans 1:20 proclaimed that "For the invincible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse:"

The earth and they that dwell therein belong to God (Psalms 24:1, 1 Corinthians 10:26). He created them all. He is the God of heaven and earth.

However, He has given the control of the earth to the children of men. In that, God revealed His plan for man in Genesis 1:26 by saying, "Let Us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and the fowl of the air, and over the cattle, and over all the earth and over every creeping thing that creepeth upon the earth."

"The heavens, even the heavens, are the Lord's: but the earth hath he given to the children of men" (Psalms 115:16).

Therefore, this 'code of behaviour' requires that you know, in your heart, that God, 'the Creator of heavens and the earth' exists, and that, He is the Lord and the facilitator (giver), of all things. David the psalmist says, in Psalm 89:12-16, "The north and the south thou hast created them: Tabor and Hermon shall rejoice in thy name. Thou hast a mighty arm: strong is thy hand, and high is thy right hand. Justice and judgement are the habitation of thy throne; mercy and truth shall go before thy face. Blessed is the people that know the joyful sound; they shall walk, O Lord, in the light of thy countenance. In thy name shall they rejoice all the

When you make it a priority to seek him, everything required for life and godliness, will be given to you, - in Jesus name!

day: and in thy righteousness shall they be exalted." Amen!

In the 91st Psalm and verse 14-16: The scriptures say, "Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name. He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him. With long life will I satisfy him, and show him my salvation." Hallelujah!

Praise His name forever more!

God will faithfully Reward - those who seek him.

"God is not a man, that He should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?" (Numbers 23:19).

God cannot lie!

This is the word of the Lord for you an assurance of His nature and character. What He has promised He will also bring to pass. His word will surely not fall to the ground. Heaven and earth could pass away, but, not His word. In the 89th Psalm verse 34, God declares, "My covenant will I not break, nor alter the thing that is gone out of my lips." God has given His assurances that if you seek Him with all your heart you will find Him and He will come through for you, to the glory of His name Hallelujah!

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I like what Jesus said in Matthew 6:33 He says, "But seek him first the kingdom of God and His righteousness; and all these things, shall be added unto you." When you make it a priority to seek him, everything required for life and godliness, will be given to you, - in Jesus name!

The word 'seek' in this scripture means to worship (obey). Therefore, Jesus was saying that if you worship God by walking in obedience with Him, every other thing would be added to you, as a matter of cause. Isaiah 1:19 says, "...If you are willing and obedient you will eat the good of the land." "...and as long as he sought the LORD, God made him to prosper." (2 Chronicles 26:5). The proof of love is revealed in the walk of obedience.

Jesus said, if you love me you will do what I tell you (John 14:15).

God is surely a rewarder of those who earnestly seek Him. "The grass withereth, the flower fadeth: but the word of God shall stand forever" (Isaiah 40: 8). 'A God seeker'- is always a blessing partaker.' Psalms 1:1-4, says, "Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But his delight is in the law of the Lord, and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water,

The revelation knowledge that you have uncovered from God's word, are the keys, with which, you will operate the kingdom of God.

that bringeth forth his fruit in his season; his leaf also shall nor wither; and whatsoever he doeth shall prosper. The ungodly are not so: but are like the chaff which the wind driveth away."

I pray in Jesus name - you will partake of His blessings as you seek Him with all your heart. Amen!

Walking in revelation Knowledge of the Word.

The revelation knowledge that you have uncovered from God's word, are the keys, with which, you will operate the kingdom of God.

If you have no revelation, you simply cannot operate effectively, the kingdom of God. There are keys with which you can operate the kingdom of God.

Jesus asked a question, in Matthew 16:15 "...but whom say ye that I am?"

He asked this question because, knowing Him, 'The Word' - is very vital, to operate effectually in the Kingdom.'In the beginning was the Word and the Word was God. In addition, Jesus is the Word made flesh, which dwelled amongst us (John1: 1&14).

In the 16th verse of this same scripture, Simon Peter answered, the question with the revelation given to him by the Holy Spirit saying, - "Thou hath Christ the Son of the living God." This answer, interestingly enough, aroused a powerful response from Jesus, and He said, in the 17th verse "Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven."

Beloved of the Lord, it is important to let the Holy Spirit of God unfold the Word to you! The entrance of His Word gives light and understanding, - but, only to the simple (Psalms 119:130).

This 'light', is a form of 'power producing energy' activating in your heart, God's word for your life.

'Knowledge is Power!'

Ignorance breeds failure!

What you know, will determine what you can posses!

Your knowledge determines the area in which you will succeed!

This 'light' also produces illumination, by which you are able to assess where you are in relation to where you ought to go. "Where no counsel is, the people fall: but in the multitude of counsellors there is safety." (Proverbs 11:14).

When you know where you are in relation to where you are going, you can plan how you will get there, which will in turn enhance the fulfilment of your goal, having taken into consideration all necessary underlying factors. The Scripture says in Proverbs 11:9 b, "...through knowledge shall the just be delivered." Furthermore, 'The Sword of the Spirit', that is a vital part of the believers armour, in Ephesians 6:17, is revelation knowledge and not just mere written words on the pages of the bible.

'Jesus, - the Word', went further in Matthew 16:17 -19 in enumerating the benefits of walking in the revelation knowledge of The Word.

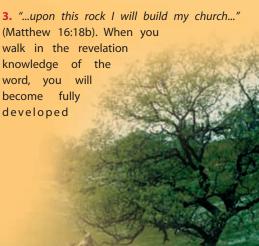
"...Blessed art thou...And I say also unto thee, That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it. And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shall bind on earth shall be bound in heaven: and whatsoever thou shall loose on earth shall be loosed in heaven."

The Blessings of walking in the revelation knowledge of the Word:

1. Anytime you receive a revelation of the Word, 'faith' for that Word, is ignited in your heart. Jesus said, "...Blessed at thou Simon Barjona..." (Matthew 16:17a). The grace and the anointing that you need to run with that Word will be made available in your heart.

When you know where you are in relation to where you are going, you can plan how you will get there...

2. When you have revelation of the Word, you are fixed and stable in and through the affairs of life. Jesus said to Simon - "And I will say unto Thee, That thou art Peter..." (Matthew 16:18a). Not being tossed, to and fro by every wind of doctrine around and about you. However, being void of revelation makes you double minded and unstable, - A double minded man is unstable in all his ways, He should not expect to receiving anything of the Lord (James 1:7 & 8). When Simon Barjona received the revelation of 'The Word', he became stable and received a change of status and name. Jesus declares, "...I say unto thee, Thou art Peter, and upon this rock I will build my church..." The name 'Simon' means, unstable, - so, when he received the revelation of 'the Word' he became stable and consequently a name change - to Peter - meaning Rock or 'Stable as a rock.'



and successful, in your walk with the Lord. Walking in the revelation of His word is like walking in the illumination of His word. Surely, He will shed His glory on your way! Hallelujah! This will enhance your faith, to trust and obey, to do His good will.

- 4. "...and the gates of hell shall not prevail against it." (Matthew 16:18c). When you walk in the revelation knowledge of the Word, you will walk in victory, triumphing over every challenge of life. So becoming a formidable force against the adversaries.
- 5. Revelation knowledge also gives you the keys to operate effectually in the Kingdom. "And I will give you the keys of the kingdom of heaven..." (Matthew 16:19a)
- 6. You will decree a thing and it shall be established, when you walk in the revelation of His word. "...whatsoever thou shalt bind on earth shall be bound in heaven; and whatsoever thou shalt loose on earth shall be loosed in heaven." (Matthew 16:19b). James 4:7 says, when you submit to God, and you resist the devil, he will flee from you like a terrified foe. Hallelujah!
- 7. Revelation knowledge gives you the anointing, that you need, to resist the enemy of your life. This anointing fortifies you to withstand him-the adversary. Hallelujah! For no weapon formed or fashioned against you shall prosper (Isaiah 54: 17). Furthermore, you are more than conquerors in Christ Jesus. Amen!

You can only please Him by faith.

"But without faith it is impossible to please Him..."

(Hebrews 11:6a). Faith is the only legal tender the only currency in Gods' kingdom. To enjoy the rights and privileges of the kingdom it will have to come through the currency of faith. Through faith, the elders of old obtained a good report, having done great exploits for the Lord.

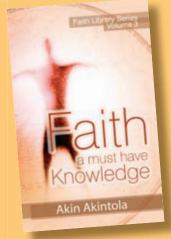
If you are to partake of His great and precious promises, it will have to be by faith!

The scripture says in 2 Peter 1:3-5, "According as his divine power hath given unto us all things that pertain unto life and godliness, whereby are give unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. And besides this, giving all diligence, add to your faith virtue..."

Jesus proclaimed in Mark 11:22 saying, in the amplified translation, "Have faith in God (constantly)."

The way of faith is the only way to please Him! I decree that God will blossom your life and prosper you in His kingdom as the psalmist says in the 1st Psalm verse 3, "...shall be a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither, and whatsoever he doeth shall prosper."

Amen!



Excepts from a book by Rev. Akin Akintola Faith - A Must Have Knowledge

Maximizing **Your Health**

- God Inhabits Your Body



Romans 12: 1

"I Beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice holy, acceptable unto god, which is your reasonable service."

In the above-mentioned scripture, Paul was appealing to the Christians in the Church in Rome to present their bodies in a manner fitting to the Lord. Of course, it goes without saying that he was talking about abstinence from sexual immorality. But, equally important, he was also talking about taking care of the physical body.

During the process of creation, God created on the third day vegetation: plants yielding seed and fruit trees yielding fruit. And God saw that it was good. In other words the foods God intended us to eat were good when God created them. However, over the centuries and years man has adulterated the good foods that God created, to accommodate our taste buds and growing commercial demands.

Maximizing Your Health

God has promised us long life. "With long life will I satisfy him and show him My salvation." Psalm 91: 16. However, we have a responsibility to take care of our body. We must be careful about the things we consume. Our bodies belong to God and He dwells in them. 1 Corinthians 3:16 "Know ye not that ye are the temple of god, and that the Spirit of God dwelleth in you?" You are responsible for your health. Not your wife. Not your husband. Not your children, Not your doctor Nor the your government.

There are many foods that we consume that cause sickness and reduce our life span. One such commodity is processed sugar. Processed sugar is one of the most harmful substances sold. You will find it in cereals, canned fruits and vegetables, sweetened desserts, salad dressing, beverages, and even fruit juices. The list is endless.

White sugar is a form of processed sugar. It is made by pressing juice from sugar cane or sugar beets and refined into molasses. Then it is refined into brown sugar and finally into white crystals, which are harmful to the body. Because, not only does it have zero nutritional value, it depletes the body of nutrients, You will note from the processing, that brown sugar is formed first, This indicates that brown sugar is also processed and as such not beneficial to the body. However, there are some brown sugars on the market that

There are many foods that we consume that cause sickness and reduce our life span. One such commodity is processed sugar.

are unrefined. (So please, check carefully before purchasing)

When sugar is refined it is robbed of all its minerals, vitamins, proteins and enzymes. As a result, it becomes a substance that the body is not able to digest properly, as it is alien to the body system.

Processed sugar is a harmful substance that causes mood swings and hyperactivity. That is why you will find that children are extremely active after having drank a fizzy drink. A story is told of a school in America that removed soda vending machines from its school. Thereafter, a noticeable favourable change in the behaviour of the children was evidenced.

In "Lick the Sugar Habit", a book written by Nancy Appleton, M.D there is a list of diseases caused a result of the consumption of processed sugar. Some of them are listed as follows:

- 1. Acidic Stomach production
- 2. Anxiety
- 3. Heart Disease
- 4. Breast Cancer
- 5. Arthritis
- 6. Concentrating Difficulties
- 7. Gallstones
- 8. Rectum problems
- 9. Toxemia
- 10. Cataracts
- 11. Overeating
- 12. Over-weight
- 13. Asthma
- 14. Atherosclerosis
- 15. Calcium Absorption interference
- 16. DNA Structure impairment
- 17. Eyesight weakness
- 18. Emphysema
- 19. Kidney Damage
- 20. Hyperactivity
- 21. Hunger pains
- 22. Gastritis
- 23. Multiple Sclerosis
- 24. Migraine headaches



Substitutes, (artificial sweetners) are harmful to the body. In Food for

Life, Neal Barnard, M.D. writes, "It is hard to find anything good to say about synthetic sweeteners." So keep away from them. Remember your body is the temple of the living God. If you do enjoy eating sweet things, why not try using dried fruits. The sweetness in these fruits should satisfy your sweet tooth. Use them in your cereals.

Sources of good sugar

Sugar is a carbohydrate that occurs naturally in every fruit and vegetable. It can safely be said that God created sugar in a harmless form, which can be found in raw fruits and vegetables. You do not need to consume processed sugar. There are a number of foods in the market today that are sugar free. Check the food labels before you purchase any product. The label will educate you about the contents of the product.

Sugars in their natural state are beneficial to the body. The body digests natural sugar better than it does processed sugar.

Raw Honey is your best source of honey. It contains fructose, glucose, sucrose and maltose. Natural Raw cane sugar.

When baking instead of using sugar, try using pure organic fruit juice and dried fruits or organic raisins or organic sultanas,

From the Desk of Rev. Bola Akintola

Building Up Soundness In Today's Women by Bola Akintola

When God completed his creative work, He said it is good When He created Adam and Eve they were sound. They were good. Subsequently, however, man fell into sin through disobedience and was separated from God. Thereafter, Jesus Christ came to earth, died on the cross of Calvary and was resurrected in order to reconcile us back to God - in other words to make us sound.

'The Lord our God is a God of perfection.' He does not, and has not created anything imperfect. As an individual, once you repent and accept Christ as your saviour your spirit man is regenerated and you become a new being. 2 Corinthians 5:17. Old things are pass away all things have become new. Your spirit man is the real you and once you are born

As a child of God, you must now appropriate the soundness that is yours through Christ.

- again your spirit man becomes sound because the Spirit of God dwells in your spirit. 1 Corinthians 3:16 - Know you not that your body is the temple of the Holy Spirit.

As a child of God, you must now appropriate the soundness that is yours through Christ.

Soundness is defined in Vince Expository dictionary as "Completeness." something is complete there is nothing more to add. You are therefore whole because of the atoning work of Christ on the cross.

Jesus Christ said, "It is finished." John 19:30. He has completed what the Father sent Him to do. When He died on the Cross, he took upon Himself our imperfection, sickness, bondage, infirmities, poverty, lack, ignorance, darkness, timidity Isaiah 53: 4 Surely He took up our infirmities and carried our sorrows ... and by His stripes we are healed. Jesus Christ, on the Cross swapped what was His with what was yours. Since He has given you 'His perfection', you must appropriate these things into your

life and live the life of soundness that God has called you to live. Psalm 107: 20 He sent His word to heal us and deliver us from the pit and destruction. Jesus Christ is the Word that was sent to deliver you from everything that is contrary to God's blessing in your life.

The Bible says in Acts 2: 21, "And it shall be that whoever shall call on the name of the Lord shall be saved." If you have called on the name of the Lord, you shall experience God's kingdom in your everyday life. As a woman, God wants you to experience soundness in every area of your life. In your marriage, your job, with your children and in your business. Jesus is the source of Life. He is the source of our soundness.

I would like to enumerate some things that will enable you to walk in soundness but before I do that, I would like to share with you two things that will prevent you from being sound:

The first one is fear. The Bible teaches us that God has not given us the spirit of fear but the spirit of love, the spirit of power and the spirit of a sound mind. 1 Tim 1:7. Fear is a spirit and it is not from God. God does not operate in fear and because you are born of God (God's Spirit dwells inside of you), you must not operate in fear. Some people are fearful of dogs, of the dark, of heights, of flying. These fears are not As a woman, God wants you to experience soundness in every area of your life. In your marriage, your job, with your children and in your business. Jesus is the source of Life. He is the source of our soundness.

from God. They are from the devil. The spirit of God and the spirit of fear are in opposition to one another. If you have fear operating in your life then you are not operating in faith. "And without faith it is impossible to please God Hebrews" 11:6. Fear cripples. Faith builds up. Fear will cause you to deviate from God's plan for your life. Faith will propel you towards your God given destiny. Fear will keep you in bondage. Faith will deliver you from bondage.

You must not allow fear to dominate your lives. Gal 5:1 says that, "it is for Freedom that Christ has set us free." Do not let the death of Christ be in vain. He went to the Cross-for you and for me so that we may be liberated from death and live abundant lives on earth.

Determine not to walk by fear but by faith because God is a God of Love. God is Love and perfect love cast out all fear, 1 John 4:18.

'The Lord our God is a God of perfection.' He does not, and has not created anything imperfect. God loves you so very much and He wants you to partake of all the benefits in His Kingdom. He has provided you with everything you need to be fulfilled.

Another thing that will elude you from soundness is when you refuse to forgive those who have offended you. Jesus said that we should forgive one who offends us 77 x 7 times. In other words, we know that it is not possible for a person to offend you 77 x 7 in a day but as often as they offend you, you must forgive. You really do not have a choice in the matter because if you do not forgive your heavenly father will not forgive you. Matt 6:14. "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgive you." Eph 4:32. When you forgive, you will feel better physically. You will feel as though a weight has been lifted off you. Forgive! - Child of God, - so that your prayers may be answered.

God loves you so very much and He wants you to partake of all the benefits in His Kingdom. He has provided you with everything you need to be fulfilled. It is your responsibility to lay hold of what is already yours. You cannot lay hold of what is yours in your own strength you must connect and stay connected to Jesus. John 15: 1-4 says,

- **1.** "I AM the True Vine, and My Father is the Vine dresser,
- 2. Any branch in Me that does not bear fruit [that stops bearing] He cuts away (trims off, takes away); and He cleanses and repeatedly prunes every branch that continues to bear fruit, to make it bear more and richer and more excellent fruit.

3. Dwell in Me and I will dwell in you... Just as no branch can bear fruit of itself without aiding in (being vitally united to) the vine, neither can you bear fruit unless you abide in Me."

Being sound in spirit, soul, and body is to be fruitful. When you are fruitful, it pleases the Father. John 15: 8 "When you bear (produce) much fruit, My Father is honoured and glorified and you show and prove yourselves true followers of Mine."

When you are connected to the True Vine, you will be able to say confidently Luke 1:37 "With God all things are possible." Because in His presence He will reveal mysteries to you. If you are sick in body, in His presence (when you spend quality time with Him) He will reveal what you need to do to be well. It may be that you need to change your diet; He will reveal this to you. It may be that you need to exercise; He will reveal this to you. Not only does He want you to be sound because He loves you He wants you to be sound so that others outside the kingdom may see His glory upon your life and repent and come into His Kingdom.

Once you have made up your mind to stay connected to 'the vine' you will begin to bear fruit. Gal 5:22. It may take you a while to enter is presence initially, but do not give. There are different levels to entering into His presence. First, you discover that you are in the outer court where you are easily distracted and the inner court, where the distractions are reduced. Then the Holy of Holies where you are oblivious of your surroundings.

To walk in soundness we must be sound in mind. The mind is the forerunner of our speech and action. If the mind is not right, our actions and speech can never be right. Proverbs 23:7 "As a man thinketh in heart so is he." The mind

is very powerful - the devil uses the mind to control people, yes, even believers. That is why it is important to be careful about what thoughts you have in your mind. What you think about yourself - you will become. If you change the negative thoughts to positive, you will experience positive changes in your life. You must make it your duty to think right thoughts. If your thoughts are not in line with the Word of God, you must discard them and replace them with the word of God. The flesh or the devil may say to you that you are going to die. That is not in line with the Word of God so you must replace it with the word of God and God's Word says that you shall not die but live to declare His glory. (Psalm 118:17)

Finally, to walk in complete soundness you must have the word of God on the inside of you. God told Joshua in Joshua 1:8 that he must mediate on the word day and night. In other words, you must ponder and think on the word of God. The word of God is alive. Life connotes, change and growth. If you have the Word, it will produce life and growth in you. When you spend time meditating and pondering on God's Word, you will be blessed - things will begin to happen in your life. Mark

4:24 "And He said to them, be careful what you are hearing. The measure [of thought and study] you give [to the truth you hear] will be the measure [of virtue and knowledge] that comes back to you – and more [besides] will be given to you who hear."

The Word of God will separate the things of the flesh from the things of the spirit.

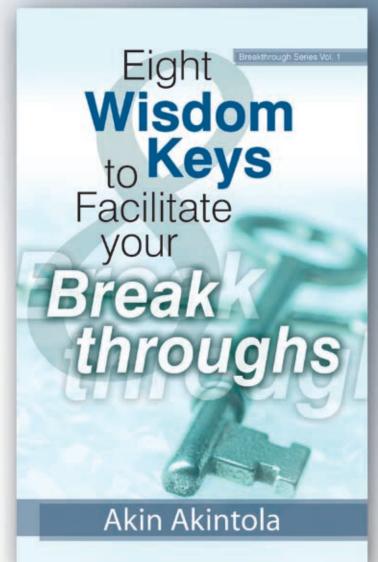
Hebrews 4:12 "For the Word that God speaks is alive and full of power [making active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and the [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analysing and judging the very thoughts and purposes of the heart."

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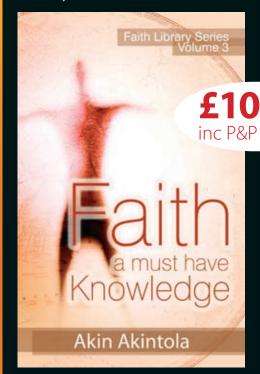
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